

Tr'ondëk Hwëch'in Traditional Fall Harvest Camp Final Report 2019



Prepared for: Yukon Fish and Wildlife Enhancement Trust

**Prepared by: Nathan Dewell,
Cultural Education Coordinator,
Tr'ondëk Hwëch'in Heritage Department**

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Acknowledgements and Participation

Mähsi Cho for all of the support we received in planning Fall Harvest Camp 2019:

- Yukon Fish and Wildlife Enhancement Trust

- Tr'ondëk Hwëch'in for funding support
- Angie Joseph-Rear, Elder
- Ashley Bower-Bramadat, TH Cultural Education Liason Coordinator
- Aurora Knutson, TH Cultural Education Liason Coordinator
- Simon Nagano, TH Child and Youth Services Supervisor/Hunter
- Sandra Gordon, TH Elders coordinator
- Lizzi Johnson, TH Youth worker
- Sam McCullough, TH Youth worker
- Nathan Dewell, TH Cultural Education Coordinator
- Georgette McLeod, TH Han Language Administrator
- Ali Anderson, TH Fish And Wildlife Steward
- Natasha Ayoub, TH Fish and Wildlife Manager
- Alice McCully, TH Fish and Wildlife Project Coordinator
- Leigh Joseph, Presenter/Researcher, traditional medicine, (M.Sc, Ethnobotany)
- RJ Nagano, Boat Driver and helper
- Alex Brook, TH Heritage Sites Manager
- Austin Taylor, TH Assets Administrator
- Patti Sidney, TH Assets Assistant
- 40Mile working crew
- Robert Service School for allowing the youth to attend Fall Harvest Camp
- Families and others who visited camp during the days

If we have missed anyone, we apologize and assure you that your contributions were welcome and helped us to deliver our program successfully.

Project Purpose

The Heritage Department strives to provide opportunities to ensure that citizens can continue traditional pursuits. We do this by organizing events/camps which allow citizens to carry out traditional skills, pass on skills to others, and provide opportunities to document traditional knowledge in order to protect this knowledge for future generations. Heritage camps provide an opportunity to document seasonal activities and traditional knowledge. They also allow Elders to share their knowledge with others in a practical environment. Youth are exposed to the land and their connection with it. Documentation protects traditional knowledge and skills. These things are preserved and promoted by providing opportunities for Elders to share their knowledge in meaningful ways – by this community and for this community.

The goal of this on-the-land camp is very similar to the First Fish and First Hunt traditional cultural camps that TH hosts. Traditional and cultural practices and teachings are the main focus of this harvest camp, situated at the newly constructed camp at Fortymile. The camp was held August 23-26, 2019 in order to try to get more youth to attend. The camp's main focus includes; harvesting fish, meat and berries from the area, and workshops on site to teach proper processing of the foods that are gathered. Fortymile camp is located close to the confluence of the Fortymile River and the Yukon River.

Fortymile River has White Fish and Grayling and the Chum salmon run will be happening around the same time in the Yukon River, so harvest of this staple food will also occur. The fish will be brought back to camp and processed (dried, smoked, canned and/or frozen).

Moose hunting was a main focus of the camp, where small groups of youth with hunters participate in going out on the land, learning where to hunt moose, and other key aspects of moose hunting (habitat, timings, butchering, etc.). Opportunities for hunting at Fortymile include hunting in the area by truck and on foot, as well as hunting on the Yukon River by boat.

In addition to harvesting fish and moose, the camp also takes the youth to traditional berry patches in the area where the youth gather berries and traditional fall medicines that need to be collected in the fall (spruce pitch, roots, bark). As with all TH culture camps, Han language teachings is another main focus of the camp. Elders are invited to attend the camp so that valuable knowledge and connections to the land can be shared with the camp. Fortymile camp has a large building that will be used for the cook shack/ processing shack and there is also a smoke shack on site. All attendees of the camp will be camping on site in either pup tents or wall tents.





Fall Harvest Camp Background and Teachings

The Fall Harvest Camp was developed and continues to take place with these goals and objectives in mind. This is one of several camps throughout the year that bring youth and elders together in order to continue traditional pursuits.

- To teach safe, ethical and respectful hunting practices to community members
- To provide quality programming which introduces youth to traditional knowledge and language
- To provide the community members with opportunity to strengthen their ties to each other and the land
- To help youth gain the self-esteem and skills that they need to make healthy, safe, positive lifestyle choices
- To take a leadership role in the promotion of ethical hunting practices
- To teach youth about climate change and the effects and changes in Tr'ondek Hwech'in traditional territory through interaction with the elders.

Tr'ondëk Hwëch'in has been holding two very important culture camps for many years now: First Fish is a camp that focuses on the importance of the TH connection with Yukon River and Chinook salmon harvest. Over the past 4 years, due to conservation concern, the TH harvest management strategy includes a General Assembly Resolution that requests TH citizens to voluntarily withdraw from subsistence harvest of Chinook salmon. As a result, the First Fish camp has been using Chum salmon (caught and frozen from the previous year) to use for teaching lessons to the youth participants. The youth are taught how to cut the fish into strips and how to preserve it by soaking the fish in a brine and then smoking the strips. Along with these processing lessons delivered by TH Elders, conservation and resource management principles are taught to the participants. The most advantageous aspect of holding this fall harvest camp at the Fortymile site, is that this venue will provide the youth participants a chance to get out on the river and learn how to set nets for fish. Hands-on harvesting provides the youth with direct and holistic fishing experience that gives them the opportunity to be involved with the harvest – this will give them an excellent opportunity to add to their growing understanding of fisheries and the TH connection to this valued resource. Having fishing activities scheduled during the moose hunting camp also provides the youth with additional harvesting activities to keep them occupied throughout the days.

TH has been holding Moose Hunt camp for a number of years at the R-22A site, Land of Plenty. The focus of this camp is moose hunting and the various steps involved with harvest. Moose Hunt camp has been taking participants out on the land by truck to hunt and call moose. This offers a number of excellent opportunities for learning, however the camp is very much focused on moose hunting – a morning hunt and then an evening hunt. There are many hours during the day that are filled with activities to occupy and engage the youth, however, we feel that this camp, coupled with a fall fishing and harvesting focus would really be conducive to overall teaching principles of traditional practices of getting ready for winter by hunting and gathering wild foods. Preparation and food processing, in order to store the foods for winter, are an essential skill that TH is committing to teach youth participants. Shifting the focus of this camp to include harvesting the many resources and foods that are available during the fall will create a busy and fruitful camp, with a full range of learning opportunities for the youth.

School accreditation has been established for those youth who are in grades 9 or 10; credits can be used towards the Grade 10 school year 'culture camp accreditation' course. The youth

are required to participate in all activities organized for the camp, as well as complete a project representative of all they have learned from the teachings at the camp.

Registration for TH culture camps are open to all youth in the community, as TH believes that the importance of the teachings that are provided at camp are critical in developing responsible future stewards of the land. Offering culture camps has always been a priority for TH and Heritage, Natural Resource departments. Stewardship of the land is the utmost priority to TH and continues to be the main focus in teachings at this camp.

Youth participating in experiences, such as culture camps out on the land, that teach responsible harvest and a variety of food processing and preservation techniques will develop an intrinsic love and respect for the abundant natural resources found within the TH TT and will appreciate and value all of the experiences that comes along with such a camp. Along with the hands on teachings for responsible harvest, TH culture, traditions and values are the fundamental significance for the camp.



Participants

Youth Participants were:

- Janelle Nagano
- Jadaka Nagano
- Vanessa Olivieri
- James Taylor
- RJ Cleland
- Noah Robbins

We hope to have more youth participants in future camps. This year it was unfortunate about timing for some youth who would have wanted to participate, but due to other commitments couldn't attend the camp. We had families and visitors out to camp for the weekend or day trips which increased our numbers at camp.

With this year being the second year having the camp at Fortymile, it was nice having a small group of youth participants. Of course it is great to have more youth at camp, so we are hoping to have greater numbers in future years.

Planning and Preparation for Activities

Tasks involved in preparing for Fall Harvest Camp 2019:

- Sending out notification/letters to Elders
- Meeting with TH Heritage Department, Youth Center and Fish and Wildlife Department
- Meeting with hunters
- Meeting with workshop leaders
- Meeting with supervisors
- Pre camp meeting
- Booking the orientation facility (TH Hall) and ensure it is operational for session
- Orientation meeting with youth and everyone who is attending camp prior to camp (gear check and expectations)
- Providing equipment for presentations/workshops
- Booking equipment, vehicles and supplies from TH Assets for the camp
- Creating and sending out registration forms to CELC's and Youth Center to hand out to youth
- Compiling the orientation packages
- Ensuring all safety measures and communication equipment (first aid, satellite radio, etc.)
- Inviting Elders, presenters and hunters
- Ensuring all equipment is available and moved to the camp site
- Setting up camp
- Cooking/arranging set up and ready for meals for camp
- Preparing honoraria contracts for Elders, hunters, etc.
- Ensuring gear and equipment for the day trips to the trap line
- Making sure vehicles and ATV's are ready and gassed up for the trip
- Prepping Fortymile camp
- Having gear and equipment hauled and set up at camp
- Clean up of site and gear after the camp
- Budget and paperwork after the camp

Fall Harvest Pre-Camp Meeting
August 30th 2017

Agenda:

- 1) Attendance and participation at camp; hunters, supervisors, activity leaders
- 2) Camp Activities
- 3) Vehicles and Fuel
- 4) Hunting, regulations and ethics
- 5) Butchering, packing and distribution
- 6) Safety
- 7) Camp accreditation
- 8) Orientation and Gear Check

Gear Check Agenda
September 20, 2017
TH Hall

Expectations

- participate in all activities in camp
- complete a specific project during the camp (accreditation)
- complete chores and cleaning your own dishes at meals
- help with cutting, butchering, and packaging of the meat after camp
- assist with the Harvest Potluck Feast which will be the beginning of November
- stick with group and/or buddy system

Behaviors

- positive behavior contract
- respectful behaviors to supervisors, cooks, hunters, elders, and families
- respectful behaviors to each other
- responsible and safe handling of guns, knives, and archery equipment

What to bring and not to bring

- no personal firearms
- healthy snack options
- Personal helmet and labelled with your name for ATV

TIME	FRIDAY	SATURDAY	SUNDAY	MONDAY
7:00 AM	8:30 am: food and extra gear 10:00 AM Meet at TH Hall 11:00 AM Depart to 40 Mile	WAKE UP		
7:30-8:00 AM		BREAKFAST AND MAKE LUNCH		
8:00 AM – NOON		HUNTING JEJIK, WEDZEY, THEY	PACKING UP AND CLEANING CAMP COMPLETE MEAT AND FISH PROCESSING	
NOON- 1 PM	LUNCH			
1:00 – 1:30 PM	ARRIVE AT 40 MILE	CAMP CHORES, CHECK NETS	CAMP CHORES, CHECK NETS	CLOSING
1:30 PM – 5PM	Arrive at camp; Welcome, Orientation, Camp setup and chores Rifle Safety, boat safety, communication	Fish processing (chum)/F&W Conservation talk Plants Workshop with Leigh Joseph	Fish Processing Han Language with Georgette	GROUP PHOTO FINISH PACKING DEPART BY 2PM

1:30 – 5:00 PM	Prepare meat/fish processing stations (wood, supplies, etc)	Berry Picking Moose Nose Singeing	Archery with Ali(?)	
5 – 6:00 PM	CHORES AND THEN FREE TIME UNTIL DINNER (CELC/YC)			
6 – 7:00 PM	DINNER			

7 – 7:15	SUPERVISOR DAILY DEBRIEF			
7:15 – 10:00 PM	Berry and Plant picking for workshop	HUNTING SMALL GAME	INDIAN BINGO	
10:00- 11:00 PM	Free Time	Free Time	Free Time	
11:00 PM	Bed Time	Bed Time	Bed Time	

Supervisor Schedule

	Friday Aug 23	Saturday Aug 24	Sunday Aug 25	Monday Aug 26
7am-11am	N/A	Ashley and Nathan	Aurora and Nathan	Sam and Nathan
11am-3pm	Ashley and Lizzi	Sam and Aurora	Simon and Ashley	Everyone
3pm-7pm	Nathan and Sam	Simon and Lizzi	Sam and Lizzi	
7pm-11pm	Simon and Aurora	Aurora and Ashley	Bingo	
OVERNIGHT	Lizzi/Aurora and Sam	Lizzi/Aurora and Sam	Lizzi/Aurora and Sam	

- Please remember that supervisors are to be available for their shifts as well as being present for the duration of the camp. We are there to assist the Youth, Elders and visitors to the camp.



1.0
course credit
for
grade 10

Fall Harvest Camp at Forty Mile August 23-26

FOR YOUTH AGES: 14-18

ELDERS AND FAMILY WELCOME!

Registration forms must be filled out and submitted by Wednesday, August 21st to the Youth Centre, CELCs or Heritage Department.

For more information please contact:
Nathan Dewell @ 993-7100 ext. 185 or
Nathan.dewell@trondek.ca

Ashley Bower-Bramadat @ 993-7100
ext.190 or Ashley.bower-
bramadat@trondek.ca



Camp Activities

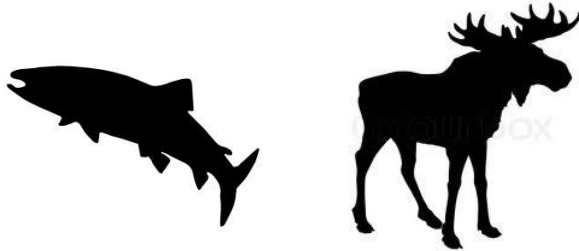
Camp activities included:

- Camp set up
- Set up wall tents
- Camp orientation
- Boat safety
- Communication talk on safety and equipment
- Making dry meat
- Hunting in the evenings
- Butchering and meat processing
- Fish conservation talk
- Setting fish nets
- Fish wheel and fish camp talk
- Hot smoking chum
- Fish processing
- Fish canning workshop
- Small game hunting
- Plant talk and walk
- Making spruce sap salve
- Making tea blends
- Camp chores
- Moose nose singeing
- Moose head demonstration
- Han Language
- Denezhu bingo
- Cooperative games
- Storytelling around the fire
- Beading and sewing



Fall Harvest Camp 2019

Information and Registration



**Please read and complete then submit to the
Youth Centre, CELCs, or
Heritage Department**

**Deadline for Registration:
Friday, August 16, 2019**

Mähsi Cho!

If you have any questions or comments please contact:

Nathan Dewell (Cultural Education Coordinator)

Nathan.dewell@trondek.ca 993-7100 ext. 185

Lizzi Johnson (Community Support Centre):

Lizzi.johnson@trondek.ca 993-7100 Ext. 149

Ashley Bower-Bramadat (CELC)
Ashley.bower-bramadat@trondek.ca 993-7100 ext 190

Aurora Knutson (CELC)
Aurora.knutson@trondek.ca 993-7100 ext 191

What: Fall Harvest Camp
When: Friday, August 23rd to Monday, August 26th, 2019
Where: Forty Mile
Who: Youth ages 14-18 (younger youth are welcome to attend with a parent and/or guardian) and maximum limit of 8 youth can attend.
Why: To learn all about salmon fishing, moose hunting and fall camp life.

What is Fall Harvest Camp?

Fall Harvest Camp is hosted by Tr'ondëk Hwëch'in for Elders, youth, and families. It is a way for people to learn about the heritage and traditions of the Tr'ondëk Hwëch'in, as well as the importance of the salmon and moose as food and modern day environmental pressures on this important part of the culture. It is an opportunity for the community to have fellowship with one another; families, youth and elders. An escape from town is good for everyone!

When is it happening?

Youth will meet at the Tr'ondëk Hwëch'in Community Hall on **Friday, August 23rd, 2019 at 10:00am** with all of their belongings and lunch packed and ready to go. We will be returning to town by **4pm on Monday, August 26th**. We will plan to drop off youth at their homes or call parents to pick them up at the TH Hall. Only youth who have completed the registration in advance and who meet the eligibility requirements will be permitted to go to the camp. Youth who are not registered that show up the day of departure for Fall Harvest Camp will not be permitted to attend.

All youth attending Fall Harvest Camp must also attend the Orientation meeting and gear check on Wednesday, August 14th at the TH Community Hall starting at 5:30 pm.

IF YOU DO NOT COME TO THE MEETING YOU CANNOT COME TO FALL HARVEST CAMP
(People who have a valid reason for missing the meeting can make alternate arrangements) This is essential, as we need to ensure that we have the proper equipment and everyone knows what is expected of them.

Who is camp for?

All Dawson youth ages 14-18 years (or Grade 9-12), First Nations or Non-First Nations, are invited to attend under the care of our highly qualified staff and supervisors. Younger youth are more than welcome to attend with their families. To ensure high quality programming and attention to the youth, the maximum limit is 8 youth. There is no fee for this camp.

When can families attend?

Families are welcome to attend the Fall Harvest Camp. However youth who haven't registered for the camp will have to be under direct supervision of the parent and/or guardian. This year's camp partly runs over a weekend to maximize parent and/or guardian participation. However, youth registered for camp will still be under the direct care of our staff and supervisors whether their family members are present or not. We are providing educational workshops throughout the weekend that can be enjoyable for all ages.

Please note: If any adult family members are willing to volunteer to be a supervisor at the camp, please contact the Heritage Department in advance to receive a schedule and guidelines for supervisors.
Mähsi.

What activities are planned?

The main theme of this camp is to fish for chum salmon, hunt for moose and possibly caribou; do the fish processing, do the field gutting, cutting, and packing; meat care such as hanging and cleaning; working on de-fleshing the hide; and making some dry meat. The youth will be spending long hours waiting quietly for a moose, so it is important to have patience during these times. There will be other activities and programs provided for the youth when we are not hunting, or working on taking care of the salmon or moose. Upon departure, parents and/or guardians will be given a basic schedule of the week so they can plan when they want to drop by.

What about safety?

Safety is the number one priority of all camp participants and supervisors. To ensure this we have taken the following precautions:

1. High staff/supervisor to youth ratio;
2. Staff/supervisors in sleeping areas with youth at night;
3. Satellite/cell/radio phone at Forty Mile for emergency use;
4. A truck and boat will be stationed at Forty Mile for the duration of the camp;
5. Zero tolerance for bullying and swearing;
6. At least one medical personnel on site 24 hours. Dawson Ambulance Attendants are notified of the camp and will be ready for any emergency calls;
7. Knowledgeable staff and supervisors who have ample experience working with youth;

8. Fall Harvest Camp orientation on the first day of camp for all participants, staff, and supervisors.
9. **ALL CAMPS PUT ON BY Tr'ondëk Hwëch'in ARE ALWAYS SUBSTANCE FREE.**

What are the expectations?

Youth participants are expected to attend and participate in all workshops, activities and talks. This includes chores, curfews, and meals. We are living in a team and shared setting; therefore everyone's actions will have either a positive or negative effect on the team. I'm sure that we won't have any problems with that though! Youth are to understand that they are under the care of the staff and supervisors and must listen carefully when being given direction. As is the nature with all camps, youth are required to be flexible when it comes to the schedule. The salmon and moose are our first concern, and other workshops and activities are secondary. **Your attention is to be focused on good listening skills and patience. Be on the alert always when in a camp setting!**

Health

If youth require any medication, please ensure to make note of that on the medical form as well as personally give to a staff member and/or supervisor before departure. Label medication clearly including what it is, the dosage and frequency. We are not permitted to administer any over the counter medication to youth. In the event where medication is required that the youth does not have with them, parents will be contacted immediately and appropriate measures will be taken. There are no shower facilities at the Fall Harvest Camp, so it is important that the youth use the wash station provided when handling the meat. Youth will be expected to help prepare the wash station during those times that we need them.

Living arrangements

There are a few cabins at Forty Mile. Youth will be staying in cabins and wall tents with woodstoves, where there will be an experienced staff to ensure safety. Lanterns are propane to reduce the fire risk. There is also a separate cook house with eating area, where everyone eats, separate sleeping quarters for elders, and a large tent with stove where the youth can process any animals coming into camp from the hunts.

If your child has any specific dietary requirements, please note down on the health form (i.e. allergies, lactose intolerant). Except for the bus ride up (please pack a light lunch), youth do not need to bring any food with them.

What do Youth need to bring?

***The items below are not suggested, they are mandatory, if youth fail to bring any of the following items, their experience at the Fall Harvest Camp could be adversely affected (i.e. forgetting rain gear and getting soaked).**

****IPod, cell phones, and all other electronics are to be left at home. Tr'ondëk Hwëch'in will not be liable for any damages or loss of electronics during the camp. When hunting, you don't listen to music because your attention needs to be focused on listening and watching for moose!**

***** Parents and/or guardians, please label everything! Lost and found will go to the thrift store if left unclaimed for a week!**

Youth registered in the camp are required to bring the supplies listed below that are necessary for attending the camp. The Gear Check and Orientation day will be held at the TH Hall on **Wednesday, August 14th at 5:30pm**. If any of these supplies are overlooked, the youth will not be attending camp. A draft schedule will be provided to youth and parents during orientation.

List of Supplies

- ☐ **Warm Sleeping bag and pillow**
- ☐ **Foamy or air mattress**
- ☐ **Pajamas**
- ☐ **Extra clothes** - one for hunting moose, one for fish processing and one or more for other activities, lots of extra socks and long/short sleeve shirts and pants and shorts.
- ☐ **Rain gear** - we're outside rain or shine!
- ☐ **Warm fleece jacket** or sweater - it can be cold at night and along the river!
- ☐ **Extra** pair of sturdy outdoor warm **boots** – need to change if feet get wet!

- **Flashlight/Headlamp**
- **Warm hat and mitts** for cool mornings and nights while hunting
- **Bug spray! Bug net if you have one!**
- **Toiletries** - toothpaste, toothbrush, medication, etc.
- **Mess kit** – bag of unbreakable dishes with cup and cutlery
- **Water bottle and thermos** (with personal label) – need to keep hydrated and warm.
- Good **back pack** for carrying lunches for hikes and for long driving/boating trips.
- **Whistle** in case of emergency
- **ATV Helmet** if you have one

Points to Remember. . .

- ✓ You must attend the orientation meeting
- ✓ Good gear is important for a good trip
- ✓ You must have the registration form handed in by the deadline
- ✓ You must agree to practice safe and ethical hunting and be respectful of all people at the camp.
*Those who utilize the resources and hospitality of our camp are expected to attend in the spirit of the Fall Harvest Camp and its objectives
- ✓ Please pack a snack for the trip to camp
- ✓ You must attend the butchering, preparing of the fish and moose after the camp is finished

Tips for dressing for the outdoors

- ✓ Layers! Warm air gets trapped between layers of clothes, keeping you nice and warm. If the temperature fluctuates it's easy to add or take away a layer
- ✓ Tommy Hilfiger, Bootlegger, the Gap, etc do not design suitable outerwear for cold climates. There are no fashion crimes in the bush. If it's warm wear it.
- ✓ Those fancy fabrics that 'wick away' perspiration are great if you already have them. But here's a hint: any material that has NO COTTON in it will do this (nylon, wool, silk, fleece)
- ✓ Don't even think of slip-ons. Cold feet will lead to a miserable trip. Wear Warm Sturdy Boots or Hikers!
- ✓ You lose 80% of your body heat through the top of your head. Keep a HAT on it!

Fall Harvest Consent Form

I, the undersigned, hereby acknowledge that certain risks of injury are inherent to participation in recreation and sport activities, including Fall Harvest Camp, August 23-26, 2019. I understand that certain activities require a minimum level of fitness and health (physical, mental, emotional and spiritual) and that each person has a different capacity for participating in these activities. I hereby warrant my son or daughter is fit to participate in the camp and understand the choice to participate brings assumptions of risks inherent to this activity.

I agree that Tr'ondëk Hwëch'in, their employees or volunteers shall not be liable for any injury, damage or loss of property incurred to my person or that of my son or daughter arising from or in anyway resulting from participation in the above mentioned camp.

I declare, having read and understood the above informed consent agreement in its entirety, and hereby give my consent to participants acknowledging all of the foregoing.

Name of Participant_____

Signature of Participant_____

Parent or Guardian Signature_____

Witness_____

All information provided on this form is confidential

Participant Medical and Personal Information

Name of Participant _____

Date of Birth _____

Participant's Yukon Health Insurance # _____

Please list any known injuries, allergies, or medical conditions we should be aware of including:
asthma, diabetes, back pain, etc: _____

Known Food Allergies _____

Home Phone, Email, and Box #: _____

Emergency Name and Phone _____

Please do not send any medication with your child. All medication should be labeled with name and dosage, and given to a staff or supervisor. Thank you.

I, the undersigned, hereby acknowledge all given medical information to be accurate in its entirety.

Signature of Participant _____

Parent or Guardian Signature _____

Date _____

Additional Information

How many times have you attended Moose Camp? _____

What size shirt/sweater do you wear? _____

All information provided on this form is confidential

Positive Behaviour Contract

The following is behaviour participants must understand and adhere to:

- ⊙ Participants are expected to conduct themselves with a positive attitude
- ⊙ Participants are expected to follow the schedule and participate in all activities
- ⊙ **Any and all forms of substance use (including the use of tobacco, illicit drugs and alcohol) will not be tolerated and will result in removal from the trip and possible future consequences**
- ⊙ Respect for oneself, others and other property is mandatory at all times
- ⊙ Engaging in any deliberate activities that risk the mental, physical, or emotional well-being of oneself, or anyone else will result in removal from the trip at the expense of the participant/parent/guardian.
- ⊙ Any previous restrictions during Tr'ondëk Hwëch'in programming, or restrictions resulting from inappropriate behaviour during this trip will result in a ban of participation until further notice.
- ⊙ Participants are expected to inform chaperones of personality conflicts and issues arising before they become a problem.

The Staff will take all precautions to ensure the safety of the participants in their care. Upon misconduct such as verbal abuse, bodily harm or destruction of another's property Tr'ondek Hwech'in staff has the right to send the youth participant home.

For the overall safety of all involved in this trip, this contract may be added to prior to departure by parents, guardians, participants and chaperones. Please take the time to consider all behaviour you feel would be inappropriate, or would require disciplinary action. Parents and guardians are encouraged to discuss behaviour exclusive to their child and note it below.

PLEASE READ THE WHOLE INFORMATION PACKAGE BEFORE SIGNING BELOW.

The above statements are understood and agreed to by:

Participant _____ Date _____

Parent/Guardian _____ Date _____

Supervisor _____ Date _____

PHOTOGRAPHY RELEASE

Name of Youth: _____

Dear Parent/Guardian - Photographs and video recordings of your son/daughter may be taken at:

TH Fall Harvest Camp
(Name of Activity)

August 23-26th, 2019
(Date of Activity)

Your son/daughter's image (print or video) may be recorded during this activity and the following may apply:

- ☐ This image will be used by the Tr'ondëk Hwëch'in in print or video documents that are used in professional workshops, used in web pages or used in newsletters.
- ☐ May be used in newspapers, magazines, television or shared with another government for promotional and/or educational purposes.
- ☐ In some cases the youth may be identified.

Please check one of the following and return the signed form to the Tr'ondëk Hwëch'in Cultural Education Coordinator:

- ☐ I am in agreement with my son/daughter's image being used in the manner(s) explained above and give my authorization to do so.
- ☐ I am not in agreement with the use of my son/daughter's image and do not give my authorization to do so.

Date: _____

Printed name of Parent/Guardian: _____

Signature of Parent/Guardian: _____

Please make of a list of what you have to do to prepare for a moose hunt.

It is important to answer this question because your answer will determine your dedication to participating in the camp.

Free and Informed Consent For **Parents of Youth Interviewees**

Feeding Our Spirit: Connecting Plants, Health, Place and Identity. Renewing Ethnobotanical Knowledge in the Skwxwú7mesh and Tr'ondëk Hwëch'in First Nations.

Student Researcher:
Primary Supervisor:

Leigh Joseph, Department of Biology, University of Victoria
Dr. Darcy Mathews, Professor, University of Victoria

Including a youth voice and perspective in this research is so valuable. Your child is invited to participate in this research project. Before accepting, please take the time to read this document. Please feel free to ask any questions that you might have to Leigh Joseph, ljoseph@uvic.ca, 250-532-3468.

A) Information for Participants

1. Research Objectives

This research aims to contribute to the renewal of cultural knowledge in connection to ethnobiology and ethnobotany in the Squamish and Tr'ondëk Hwëch'in First Nations communities. Through the course of this project I will take a community based research approach to identify plants that are culturally important and look at ways to renew knowledge and practices related to these plants. I will also explore plants that may be utilized in the prevention and management of Type 2 Diabetes to offer culturally rooted approaches to addressing the high occurrence of this illness in Indigenous Communities.

2. Participation in Research

If your child chooses to participate in this research they may be interviewed by Leigh Joseph on topics related to those listed in the objectives above or asked to participate in short facilitated activities aimed to gain guidance from youth on their priorities for reconnecting to the land and plant foods and medicines. In the event of an interview it will be recorded, with your permission, by digital voice recorder in order to ensure an accurate record for transcription. The interview should last approximately between 15-30 minutes. The interview will take place either individually or in small groups as part of the land-based camps. All of the information that is recorded in your child's, interview will be kept confidential until you have had a chance to review it, and if you give your permission, it may be included in written publications and presentations relating to this research. If you agree, a permanent record of your child's interview including the manuscripts, audio-tapes generated from the interview will be kept at the Squamish Nation Education Department or the *Tr'ondëk Hwëch'in* Culture and Heritage Office and will only be released with the permission of the director of each department. However, you are free to keep the manuscripts, audio-tapes and video-tapes generated from the interview completely confidential.

Your child's participation in this study is entirely voluntary. If you do decide to allow your child to participate, your child will be free to withdraw participation at any time.

Your child's participation with this project will provide me with valuable guidance towards:

- a. Understanding more about the interests and motivations for the renewal of traditional plant foods and medicines from a contemporary Indigenous youth perspective.
- b. Understanding what the next steps to take in renewing ethnobotanical knowledge are.

I hope that the collaboration in this project will benefit your child by offering them an opportunity to learn more about traditional plants and to contribute to the present and future generations of Indigenous youth by sharing their perspectives and knowledge of the importance of traditional foods.

3. Risks and Inconveniences

There are no risks associated with participating in this project. It is possible however that some topics could connect to delicate emotional and collective memories. Your child can at any time refuse to answer a question

or even put an end to the interview. In the event that a difficult memory comes up we can turn to the community to ensure that you have the ongoing support that you require. Support can be offered through *Tr'ondëk Hwëch'in* Culture and Heritage office or the Squamish Education Department. I will work with you to find a time that is convenient and does not negatively impact your work or schooling.

4. Advantages and Benefits

There is no particular advantage to participating in this project. You will contribute to the renewal of cultural knowledge and practices in connection to ethnobiology and ethnobotany. You may also benefit from learning about ways to connect to healthy eating and exercise in a culturally relevant way.

5. Confidentiality

I will give all participants the choice to have their interview recorded via digital voice recorder and the option to have their photo taken. I hope to honour the community members who are involved in this research by naming them. However if anyone requests to remain anonymous or not have their interview shared outside of the community I will respect this. I will respect the preference of the participants as to whether their names are stated in papers, book chapters or other resources developed through the course of this research. However if participants would like their name stated and included with their contribution I will do so. The personal information I collect from you will be kept confidential until I am able to speak with you about what I hope to share and how. The data will be stored in the candidate's personal computer. Only she and her primary supervisor, will have access to the raw data. The data will be retained for 7 years after any publications and analysis of the data. Copies of any or all data that are requested by the *Tr'ondëk Hwëch'in* Culture and Heritage Department in Dawson City and the Squamish Nation Education Department in Squamish will be stored at each facility.

6. Right to Withdraw

Your child's participation in this project is entirely voluntary and you can withdraw them at any time from the research simply by giving verbal notice and without having to justify your decision. If you decide to withdraw your child from the research, please contact the researcher at the telephone number listed below. At your request, all the information concerning you may also be destroyed. However, after the onset of the publication process, it will be impossible to destroy the analyses and results related to your data.

B) CONSENT

Declaration of the participants Parent or Guardian

- I understand that I can take my time to think before I agree to my child participating in the research or not.
- I can ask questions of the research team and expect clear and thorough answers.
- I understand that participating in this research project does not release the researchers of their responsibilities.
- I have read this information and consent form and agree to my child participating in the research project.

After this consent form is signed, you will receive one copy and I will retain the other copy.

I, _____ on this ____ of _____:
(Parent/Guardian full name) (day) (month and year)

have read and understood the information sheet provided by Leigh Joseph titled, “**Feeding Our Spirit: Connecting Plants, Health, Place and Identity. Renewing Ethnobotanical Knowledge in the Skwxwú7mesh and Tr’ondëk Hwëch’in First Nations.**”

- a. am aware that my child’s participation in one or more interviews with Leigh Joseph is completely voluntary, that I can withdraw participation at any time without consequences.
- b. am aware that the information that my child provides in this interview with Leigh Joseph is completely voluntary. I am aware that I can withdraw information at any time and that I have the right to review and edit all publications and presentations pertaining to the specific information that I provide in the interview.
- c. ☐ consent / ☐ do not consent (*please check one box*) that this interview with Leigh Joseph be recorded on digital audio recorder. I am aware that the interview can proceed without the audio of the interview being recorded. Even if I do consent to have this interview audio-recorded, I am aware that I am free to request that the audio recording be turned off at any point during the interview.
- d. ☐ consent / ☐ do not consent (*please check one box*) that this interview with Leigh Joseph be recorded on video. I am aware that the interview can proceed without the interview being recorded on video. Even if I do consent to have this interview video-recorded, I am aware that I, or my child, are free to request that the video recording be turned off at any point during the interview.
- e. ☐ consent / ☐ do not consent (*please check one box*) that this interview with Leigh Joseph be photographed and that photographs from this interview may be used in publications and presentations pertaining to the specific information that I provide in the interview. Even if I do consent to have this interview photographed, I am aware that I am free to request that photographs not be taken at any point during the interview.
- f. ☐ consent / ☐ do not consent (*please check one box*) to having my name associated with the traditional ecological knowledge I provide in publications and presentations prepared by Leigh Joseph.
- g. ☐ consent / ☐ do not consent (*please check one box*) that information from this project may be used for future projects conducted by Leigh Joseph that are related to traditional preparation, harvest, and management of culturally important resources.
- h. ☐ consent / ☐ do not consent (*please check one box*) that information from my interview may be permanently archived at the Tr’ondëk Hwëch’in Culture and Heritage Office or Squamish Nation Education Department and may be accessed in the future by Tr’ondëk Hwëch’in or Squamish Nation members.

Visually Recorded Images/Data:

- Photos may be taken of my child for: Analysis _____ Dissemination* _____
- Videos may be taken of my child for: Analysis _____ Dissemination* _____

*Even if no names are used, you may be recognizable if visual images are shown in the results.

I agree for my child to be identified by name / credited in the results of the study.

_____ (Parent/Guardian to provide initials)

Name of Participant

Signature of Parent/Guardian

Date

A copy of this consent will be left with you upon request, and a copy will be taken by the researcher.

(Leigh Joseph)

(Date)

For any questions about the study or to withdraw from the research Please contact
Leigh Joseph at the phone number 250-532-3468 or to the e-mail address ljoseph@uvic.ca

If you have any questions or concerns about this research project that you are uncomfortable discussing with me, please contact my academic supervisor:

Dr. Darcy Mathews
(250) 472-4941
dmathews@uvic.ca

In addition, you may verify the ethical approval of this study, or raise any concerns you might have, by contacting the Human Research Ethics Office at the University of Victoria.

250-472-4545
ethics@uvic.ca



Recommendations

Several recommendations were provided from staff, youth, and elders which include:

1. **If there are more youth have small hunting groups.** Have half the participants stay in camp while the others hunt. This allows for a quieter more controlled hunting group. This also allows for more activities in camp
2. **Increase ages to grades 9-12.** We should offer the camp to older youth so that they can participate more fully in the hunt and also receive accreditation for the camp. Older youth would be able to use rifles, ride ATV's and get more benefit out of the camps.
3. **More moose calling practice.** The year wanted more opportunity to practice moose calling. This is something that should be incorporated more next year.
4. **Making moose callers.** This was on the schedule this year but didn't happen due to getting a moose and needing to butcher and take care of the meat. In future years making moose callers would be beneficial for the youth and also help with moose calling practices.
5. **Make the camp longer.** Both youth, staff and Elders showed interest in having a longer camp. This is something that may be considered for following year, and there will be more discussion on extending the hunt by a day.

6. **Better coordination with the School and CECL's:** The CECL's and the school were very helpful in getting youth out to the camp. With better planning we would be able to create a large amount of interest and participation in the hunt. Also greater communication and organization around the accreditation and project for the youth is needed for future years.
7. **More hunting.** This year we were hunting in the evenings. It was mentioned that there should be more opportunities at camp to go hunting. Possibly hunting in the early morning one day and an evening the next.
8. **Defined Roles.** We need to ensure that everyone know exactly what their roles are and where they need to help before the camp begins. This way there is no confusion or conflict during or after the camp.
9. **Meat distribution:** we need to define what the meat distribution process is. Do the hunters and participants get to take any home before it is divided for the elders and community?
10. **Longer free time:** the youth suggested they have longer free time at camp. Less structure on time and schedule.
11. **More games:** the youth would like to see more games at camp during the free time in the evenings.

Conclusion

We hope that each year Fall Harvest Camp will improve and continue for the foreseeable future to benefit youth in the TH traditional territory. We want to create enriching experiences for them so they develop an appreciation for hunting, fishing and stewardship of the land.

We appreciate the financial assistance from the Yukon Fish and Wildlife Enhancement Trust for continuing to fund this worthwhile program. Working with the Yukon Fish and Wildlife Enhancement Trust was excellent to deal with—strong communication, flexibility, and assistance as required. We had a very positive experience.

Overall the camp was a great success. This year due to the earlier date, we did have more participants at the camp which was great, however, I think due to the earlier time, we had less success in the harvest. As the camp happened in August, grouse season had yet to open, and as a result we did not have a chance to hunt them. We also did not have luck with big game, although we did get onto the river to hunt this year. However, we were able to catch about 15 chum salmon and follow up with both a processing session with the youth. There was also cranberries harvested (both high and low bush), rosehips and blueberries. This year we had special guest who came to camp, Leigh Joseph who used to live in Dawson returned to put on a traditional medicine presentation, the youth went to harvest some of the plants in the area and were able to

make some salves and oils to alleviate pain. The youth who attended were very helpful, respectful, and patient during the moose hunt and fish processing. Youth gained invaluable skills that they will be able to develop in future camps, and in their everyday lives. The moose hunt, fish processing and other camp activities that took place proves itself as being an essential camp in facilitating citizens to carry out traditional skills, pass on these skills to others, provide opportunities to document this traditional knowledge, and protect this knowledge for future generations.

MÄHSI CHO!

